LIRC Rules for boating (as at 22.5.2000)

## PLEASE READ THESE GUIDELINES:

THEY ARE FOR YOUR SAFETY AND THE SAFETY OF OTHERS.

LIRC uses as a guide to boating the 'Aperçu de la réglementation régissant la navigation de plaisance sur la Moselle', published by the Ministère des Transports. Service de la Navigation, where appropriate. Unfortunately these rules are not easily applicable to the use of rowing boats.

In addition several internal club rules should be respected:

- Rowing at your own risk
- One person in charge, to be designated before the boat takes to the water
- Members should be acquainted with commands carrier language is English (one of FISA's official languages), however for practical reasons this may change depending on the crew composition
- Report all damage; if a boat should not be used, attach orange card and inform any committee member
- Normally row upstream to Schengen unless the river is quiet
- KEEP FEET OFF THE SHELL OF THE BOAT
- ALL MEMBERS SHOULD BE CONFIDENT SWIMMERS
- Take bailer if necessary
- Keep to the right avoid fishing lines
- No more than one beginner in double scull
- No more than one beginner in coxed pair
- No more than two beginners in coxed four
- No more than two beginners in coxed quad scull
- No more than one beginner in triple scull
- IN COXLESS BOATS THE BOW ROWER STEERS AND LOOKS AHEAD
- Keep well clear of the other boats in the marina
- Water can be turbulent in the access channel to the Moselle
- Stop rowing in heavy wash, boat parallel to wash
- In difficult conditions stay close to the marina
- The concierge has a first aid kit

Until further notice, children under the age of ten are not allowed in the boats. The club does not cater for children under the age of fifteen although children between ten and fifteen may receive instruction in coxing. They should wear life-jackets at all times. This rule does not necessarily apply to Barque excursions.

Have you had a recent medical?

## FOR LONGER TRIPS TAKE DRINKS WITH YOU

if you suffer from any discomfort during or after rowing please bring this to the attention of an experienced member

If you fall out of your boat you must try to hang onto it, unless there are other obvious dangers. It is very unlikely to sink and will therefore keep you afloat. It is also a very expensive piece of equipment which is difficult to replace, and unless you keep hold of it, it could turn out to be a dangerous floating hazard for other crews or scullers. If no help is immediately available you should try to propel yourself and your boat towards the river bank, swimming with the direction of the current. If the boat is undamaged, you can empty the water out of it and continue rowing to keep warm. If you cannot row it either wait for help, or if you are very cold run to the nearest house for help, having made sure your boat and oars are safe".